

Sandipani Vidyaniketan Digital is inviting you to
Shraavan Maas
with Pujya Bhaishri at Sandipani
from August 9th - September 6th, 2021.

Event Schedule (IST) :

- 1) Daily Abhisheka, ShriHari Mandir
8.30 am - 11.00 am
- 2) Monday Laghurudrabhishek, ShriHari Mandir
8.30 am - 1.00 pm
- 3) Saturday Laghurudrabhishek Abhishek
9.00 pm - 12.00 am
- 4) Sthapan Pooja for Shiv Katha by Manorathi Parivars
27th Aug-6th Sept | 2.30 - 3.30pm
- 5) Shiv Katha by Pujya Bhaishri
27th Aug-6th Sept | 3.30 - 7.00 pm
- 6) Homatmak Laghurudra Yagya
6th September, 2021 | 8.00 am - 1.00 pm



Kindly Note:

- 1) Zoom Room shall open 20 minutes prior with 15 minute Daily Shiv Satsang by Rishis of Sandipani Vidyaniketan before the start of daily Abhishek.
- 2) All devotees are welcome but requested to keep their devices on mute and cameras on when presentable as SVN zoom room shall also be live-streaming on social media and on screen for Pujya Bhaishri.
- 3) Manorathis are requested to name their device as per their Pooja Booking to ensure spotlighting for Pujya Bhaishri on screen.
- 4) The following shall be provided by separate zoom link:
 - a) Daily Sthapan Poojan;
 - b) Shraavani (ritual ceremony for the annual changing of the scared thread, yagyopavit) on Rakshabandhan and
 - c) Poornahuti Shiv Yagya

All other events shall be on the below given link.



Meeting ID: 835 3427 8129
Passcode: SHIVA

Auspicious Shraavan Maas

List of necessary Items required for Śiva Abhiśeka & Pūjana

1. **Bajot / low stool - 2**
(1 to place Shivling in a thali, 1 for worship items)
2. **White cotton Cloth piece - 1** (Enough to cover Bajot/stool)
3. **Śivalinga-1**
4. **5 spoons; 7 bowls; 1 kalaśa; 3 large steel plates**
(Thalis- 1 during abhiśeka; 1 after; 1 for bowls)
5. **Abhiśeka Jala:**
 - Clean fresh water
 - Panchāmrita (Mixture of Milk, Curd, Ghee, Honey, Sugar)
 - Gangajal (If possible any sacred river water)
 - Essential Oil / Perfume (Without alcohol) -to be mixed in water
6. **Auspicious powders-**
 - White Powder (Abil)
 - Pink Powder (Gulal)
 - Divine Ash (Vibhuti)
7. **Tilak & Poojan**
 - Vermilion / Red Powder (Kumkum)
 - Sandalwood Powder (Chandan)
 - Few grains of rice
 - White cotton Thread Janeu (Sutar)
 - Red sacred thread (mouli)
8. **Prasāda**
 - Any sweet offering & any one fresh fruit & one bowl mixed dry nuts & one bowl of cardamom, cinnamon, betel nuts.
9. **Flowers (Any other than Ketaki, keura)**
10. **Minimum 12 Bilvapatra leaves-** one to be offered at the end of each chapter of Abhishek (Sacred three-Leaves of Bael, or Aegle marmelos tree)

11. Ārti - Ghee Lamp (Dīyā), Dhūpa, Camphor, Ārtī Thālī
(Plate of 1 / 3 / 5 / 11 lamps) & Matches
12. Cloth Napkin / small towel -2 (1 for the Lord, 1 for own use)
13. Āsana (1 seat-mat per person)

Optional offerings for Additional Benefits

- Black / Yellow Sesame seeds (til) - 50gm.
- Nagarvel Leaves (Pooja-Pan) - 10
- Flower Garland & Durva grass blades (If available)
- Different Fruit-Juices (Fresh if possible, ex. sugarcane juice, Pomegranate, Chiku, orange)
- Fresh Flower Vase or decorations

Recipe for Pancāmrita, the five nectars, also called Madhuparka or 'drink of the Gods'.

- 7. tablespoons lukewarm milk
- 1. tablespoon curd
- 2. tablespoons ghee
- 1. tablespoon honey
- 1. teaspoon powdered sugar

Mix well and keep in a silver bowl or glass if possible.





Śrī Rudrāṣṭakam

namāmīśamīśāna nirvāṇarūpaṃ
vibhuṃ vyāpakaṃ brahma vedasvarūpaṃ |
nijaṃ nirguṇaṃ nirvikalpaṃ nirīhaṃ
cidākāśamākāśavāsaṃ bhaje'haṃ || 1 ||

nirākāramoṃkāramūlaṃ turīyaṃ
girā gyāna gotītamīśaṃ girīśaṃ |
karālaṃ mahākāla kālaṃ kṛpālaṃ
guṇāgāra saṃsārapāraṃ nato'haṃ || 2 ||

tuṣārādri saṃkāśa gauraṃ gabhīraṃ
manobhūta koṭi prabhā śrī śarīraṃ |
sphuranmauli kallolinī cāru gaṃgā
lasadbhālabāleṇdu kaṃṭhe bhujagaṃgā || 3 ||

calatkuṇḍalaṃ bhrū sunetraṃ viśālaṃ
prasannānanaṃ nīlakaṃṭhaṃ dayālaṃ |
mṛgādhīśacarmāmbaraṃ muṇḍamālaṃ
priyaṃ śaṃkaraṃ sarvanāthaṃ bhajāmi || 4 ||

pracaṇḍaṃ prakṛṣṭaṃ pragalbhaṃ pareśaṃ
akhaṇḍaṃ ajaṃ bhānukoṭiprakāśaṃ |
trayaḥśūla nirmūlanaṃ śūlapāṇiṃ
bhaje'haṃ bhavānīpatiṃ bhāvagamyaṃ || 5 ||

**kalātīta kalyāfa kalpāntakārī
sadā sajjanānandadātā purārī |
cidānaṃdasam̐doha mohāpahārī
prasīda prasīda prabho manmathārī || 6 ||**

**na yāvad umānātha pādāravindaṃ
bhajaṃtīha loke pare vā narāṇaṃ |
na tāvatsukhaṃ śānti santāpanāṃ
prasīda prabho sarvabhūtādhivāsaṃ || 7 ||**

**na jānāmi yogaṃ japaṃ naivapūjāṃ
nato'haṃ sadā sarvadā śaṃbhu tubhyaṃ
jarā janma duḥkhaugha tātapyamānaṃ |
prabho pāhi āpannamāmīa śaṃbho || 8 ||**

{ Uttarakāṇḍa (Dohā 107b – (Chamḍā – 1-7) }



I adore You, the guardian of the south-east quarter and Ruler of the whole universe, eternal bliss personified, the omnipresent and all-pervading Brahma manifest in the form of the Vedas. I worship Lord Śiva, shining in His own glory, devoid of material attributes, undifferentiated, desireless, all-pervading consciousness, having nothing to wrap about Himself except ether (or enveloping ether itself). I bow to the supreme Lord, who is devoid of form, transcendent and extra-cosmic, beyond speech, understanding and sense perception, terrible yet gracious, the seed of the mystic syllable OM, the Ruler of Kailāsa, the Devourer even of the great Time-Spirit and the abode of virtues. I adore the all-merciful Śaṅkarā, the universal Lord, who is loved by all and yet unfathomable, who is possessed of a form white as the snowclad Himālaya, and

radiant with the beauty of a myriad Cupids, whose head sparkles with the lovely stream of the Gaṃgā, whose brow is adorned by the crescent moon and neck coiled by serpents, who has tremulous pendants hanging from His ear-lobes, is possessed of beautiful eyebrows and large eyes, who has a cheerful countenance and a blue speck on His throat, and who has a lion-skin wrapped round His waist and a garland of skulls round His neck. I take my refuge in Bhavānī's Spouse, the supreme Lord, terrible, exalted, intrepid indivisible, unborn and invested with the glory of a myriad suns, who roots out the threefold agony and holds a trident in His hand and who is accessible only through love. Beyond number, ever blessed, bringing about universal destruction at the end of each round of creation, a source of perpetual delight to the virtuous, Slayer of the demon Tripura, Consciousness and Bliss personified, dispeller of delusion, be propitious, my lord, be propitious, O Destroyer of Cupid. So long as they worship not the lotus-feet of Umā's lord, there is no happiness nor peace nor cessation of suffering for men either in this world or in the next. Therefore, be propitious, my lord, dwelling as you do in the heart of all living beings. I know not Yoga (concentration), nor Japa (the muttering of prayers) nor ritual. I simply bow to you at all times and at every moment, O Śambhu! Pray, protect me, my lord, miserable and afflicted by sufferings attendant on old age and birth (and death) as I am, O Lord Śambhu!



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Śrī Rudrāṣṭakam
with English Subtitles

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Śrī Rudrāṣṭakam
with Hindi Subtitles

SHIVA-ARTI

om jaya śiva omkārā prabhu hara śiva omkārā I
brahmā viṣṇu sadā śiva arddhāṅgī dhārā II

om hara hara hara mahadeva

ekānana caturānana pañcānana rāje I
haṁsānana garuḍāsana vṛṣavāhana sāje II

om hara hara hara mahadeva

do bhujā cāra caturbhujā dasa bhujā ke sohe I
tīno rūpanirakhatā tribhuvana jana mohe II

om hara hara hara mahadeva

akṣamālā banamālā ruṅḍamālā dhārī I
caṁdana mṛgamada candā bhāle śubhakārī II

om hara hara hara mahadeva

śvetāmbara pītāmbara vāghambara aṅge I
sanakādika prabhuṭādika bhūtādika saṅge II

om hara hara hara mahadeva

kara ke madhya kamaṅḍalu cakra trisūla dhartā I
jagakartā jagahartā jagapālaṅakartā II

om hara hara hara mahadeva

brahmā viṣṇu sadāśiva jānata avivekā I
praṇavākṣara madhye ye tīnoṃ ekā II

om hara hara hara mahadeva

triguṇa svāmīji kī āratī jo koī nara gāve śiva prema sahita gāve I
kahata śivānanda svāmī manavāṅchita phala pāve II

om hara hara hara mahadeva

om jaya śiva omkārā prabhu hara śiva omkārā I
brahmā viṣṇu sadā śiva arddhāṅgī dhārā II

om hara hara hara mahadeva

karpūragauram karuṅāvatāram I sansārsāram bhujagendrahāram II
sadāvasantam hṛdayāravinde I bhavam bhavānīśahitam namāmi II
maṅgalam bhagavāna viṣṇuḥ I maṅgalam garuṇadhvajah II
maṅgalam puṅḍarī kākṣah I maṅgalāya tano hariḥ II
sarvamaṅgalamāṅgalye śive sarvārthasādhike I
śaraṅye tryambake gauri nārāyaṇi namo'stu te II

Upcoming Events

Janmashtami

30th August, 2021

Nandotsav

31st August, 2021

Seva Divas

31st August, 2021