



# Maha Shivratri-2022

## List of necessary Items required for Śiva Abhiśeka & Pūjana

1. Bajot / low stool - 2  
(1 to place Shivaling in a thali, 1 for worship items)
2. White cotton Cloth piece - 1 (Enough to cover Bajot/stool)
3. Śivalinga-1
4. 5 spoons; 7 bowls; 1 kalaśa; 3 large steel plates  
(Thalis- 1 during abhiśeka; 1 after; 1 for bowls)
5. Abhiśeka Jala:
  - Clean fresh water
  - Panchāmrita (Mixture of Milk, Curd, Ghee, Honey, Sugar )
  - Gangajal (If possible any sacred river water)
  - Essential Oil / Perfume (Without alcohol) -to be mixed in water
6. Auspicious powders-
  - White Powder (Abil)
  - Pink Powder (Gulal)
  - Divine Ash (Vibhuti)
7. Tilak & Poojan
  - Vermilion / Red Powder (Kumkum)
  - Sandalwood Powder (Chandan)
  - Few grains of rice
  - White cotton Thread Janeu (Sutar)
  - Red sacred thread (mouli)
8. Prasāda
  - Any sweet offering & any one fresh fruit & one bowl mixed dry nuts & one bowl of cardamom, cinnamon, betel nuts.
9. Flowers (Any other than Ketaki, keura)
10. Minimum 12 Bilvapatra leaves- one to be offered at the end of each chapter of Abhishek (Sacred three-Leaves of Bael, or Aegle marmelos tree)



11. Ārti - Ghee Lamp (Diyā), Dhūpa, Camphor, Ārti Thālī (Plate of 1 / 3 / 5 /11 lamps) & Matches
12. Cloth Napkin / small towel -2 (1 for the Lord, 1 for own use)
13. Āsana (1 seat-mat per person)

## Optional offerings for Additional Benefits

- Black / Yellow Sesame seeds (til) - 50gm.
- Nagarvel Leaves (Pooja-Pan) - 10
- Flower Garland & Durva grass blades (If available)
- Different Fruit-Juices (Fresh if possible, ex. sugarcane juice, Pomegranate, Chiku, orange)
- Fresh Flower Vase or decorations

**Recipe for Pancāmrita, the five nectars, also called Madhuparka or 'drink of the Gods'.**

- 7. tablespoons lukewarm milk**
- 1. tablespoon curd**
- 2. tablespoons ghee**
- 1. tablespoon honey**
- 1. teaspoon powdered sugar**

**Mix well and keep in a silver bowl or glass if possible.**





# Upcoming Events

## Holi-Dhuleti

17 & 18 March, 2022

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## Chaitra Navratra Starts

02 April, 2022

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## Shri Ramnavmi

10 April, 2022

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## Shri Hanuman jayanti

16 April, 2022

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